

# THE TOWANDA TIMES

OUR 94<sup>TH</sup> YEAR

PRINT & READ!



THE OFFICIAL NEWSLETTER OF CAMP TOWANDA, HONESDALE PA

For Boys & Girls - Established 1923  
Nestled in Northeastern Pennsylvania's Pocono Mountains  
Owners & Directors: Mitch and Stephanie Reiter

Winter Address: PO Box 12, Demarest, NJ, 07627  
Summer Address: 700 Niles Pond Rd., Honesdale, PA 18431-6537

Year Round Tel: 570-253-3266

[www.camptowanda.com](http://www.camptowanda.com) [info@camptowanda.com](mailto:info@camptowanda.com)

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Vol. 94 No. 4 Late Late Spring Issue

"Chickens, Goats, and Bunnies.....oh my!"

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## THIS IS THE PLACE

*Natalie Smith is returning for her 6th summer as an LIT/WAITRESS. She penned this essay for school last year.*

A place that is fun, provides a safe environment to make new friends, be independent and allows you to try new things sounds unimaginable but does exist. I can still remember my first day of sleepaway camp. From the moment I stepped onto the bus I felt a surge of independence that stuck with me throughout the rest of the summer. Sleepaway camp is a place for kids to grow and have fun while building their confidence and independence. Being away from their family gives kids a chance to develop social skills that will help them later in their adult life. Sleepaway camp prepares kids for college, helps them develop by teaching them lessons, and build their independence. Sleepaway camp is a great experience for kids and what they learn will stick with them for the rest of their lives.

Sleepaway camp is a great way for kids to prepare for college. A former camper and counselor, Lauren Cohen, from Camp Towanda said "You can always pick a camper out of freshman orientation. They are cool, calm, collected and make new friends with ease." Kids who have gone to sleepaway camp are able to act this way because they have already been on their own and they know how to make new friends, along with how to act in

social situations. The directors of Camp Towanda's own son and former camper and counselor, Jared Reiter said "By fostering said independence and other responsibilities you learn how to deal with different types of personalities, navigate uncomfortable situations and express yourself without fear of judgement." Camp provides a place to be yourself and make new friends which is very similar to a college experience. Jared Reiter also explained that "At sleepaway camp you don't go back home to your family at the end of the day...everyone learns to live together and the importance of friendship." At college, students don't go home after classes each day. They stay in a loving environment with their new friends, an experience exactly the same as sleepaway camp. At sleepaway camp, kids learn social behavior and how to make new friends. People could argue that school offers a similar experience but when at school, there are teachers and other adults that guide students. At camp, even though there are counselors, most kids are more independent and have to learn how to deal with certain situations on their own. Also, at camp majority of kids aren't judged or bullied, allowing kids to not have the fear of being themselves. Compared to school where

kids are fearful that whatever they do could result in them being bullied, camp usually provides a safer place for kids to build confidence and independence. While at sleepaway camp, one develops and learns many lessons. Lauren Cohen said "As a camper, I learned a lot about teamwork, leadership, and showing respect to the people in my life." This quote explains that camp creates characteristics that help people succeed. "Bunks are good for brains. All the things that camps and parents say that camp does for kids promoting independence, confidence, friendship building, resilience, thriving, character, grit, etc. these are undoubtedly real outcomes for kids who have quality camp experiences" (Bunks are good for brains: the neuroscience of sleepaway camp). Camp helps to develop the prefrontal cortex by

*Continues on Page 2!*



**NEXT  
ISSUE:**

**ON THE BUS  
TO CAMP!**

# What We Hear From The Mansion Porch!!!



News from The Mansion Porch will return in the fall!

## Continued from cover...

providing kids with different emotions that help to build this part of the brain. Camp develops emotions and social behavior. The article also said "But the main thing to know is that when the structure of the brain changes, the function of the brain changes. This means that camps can play a role in how these kids function in the world, and ultimately who they become as adults, even on a neuronal level." Jared Reiter said "It teaches you to respect those around you, the environment and that the love that you give is more important than what you get back." In addition, he said "It teaches these life skills that are not in the scope of the classroom. Also, without your parents over your shoulder watching your every move, yet being in a safe and nurturing place, kids are able to really gain a sense of who they are." This statement supports that school is not able to provide kids with the kind of independence experienced at sleepaway camp. Lastly, Jared Reiter said that camp "Creates an environment encouraging you to try new things, meet new people and come out of your comfort zone, all without your parents hovering over your shoulder."

Lastly, and most importantly, camp creates independence. Being independent is one of the most important traits to have. Independence is something that will help a person throughout their whole life. Lauren Cohen said "Camp is likely the first experience a child has away from their families for an extended period of time." Having a sleepaway camp experience is a great way for kids to prepare for college since the situations are similar; being away from your family with friends and different social situations. "Bunks are good for brains" says "So, when kids have camp experiences that require them to overcome fear, be flexible, handle their emotions (especially away from their parents), be persistent to master something, build relationships, and so on, it builds this important part of the brain. This quote explains how independence and other emotions help to build the brain. Lauren Cohen also said "They have spent time away from their families, know how to keep in touch with long distance friends... and have a generally independence and confident spirit." The independence that camp provides people with is extremely important and will be helpful for the rest of a person's life. Even though there are other ways people can gain independence, sleepaway camp provides a place for kids to try and even fail while trying new things with the support of others. When they can finally do something they haven't done before, they gain a sense of independence. Sleepaway camp is a safe environment for kids to learn and play. It is an experience that can't be received anywhere else and the lessons learned will forever be remembered. Being prepared for college is not always easy for some people but the people who have gone to sleepaway camp are completely prepared and have a sense of what to expect. Sleepaway camp provides kids with many different emotional and social situations that they will most likely experience later in life. Independence is the main thing gained from sleepaway camp and is also the most important. Being independent will help in many different situations and especially when you go to college without any familiar faces. I appreciate you taking the time to read this and I hope you can agree on the importance of sleepaway camp.

Natalie

## The Adventures of Cheese, Milk and Pickle







# VisionWalk



It was a small but mighty group of Towanda Staff, Campers, Parents and Alumni who participated in the Foundation Fighting Blindness' annual VisionWalk in Central Park, NYC.

Thanks to everyone who made it out and those who supported the L.I.T.'s fundraising!



Check out more fun videos on [FridayNiteFlix.com](http://FridayNiteFlix.com)!

## FRIDAY NITE FLIX



**LOOKING FOR THE LATEST AND GREATEST  
FRIDAY NITE FLIX EPISODES?!**  
**CHECK OUT THE NEW HOME OF FNF AT  
[WWW.FRIDAYNITEFLIX.COM](http://WWW.FRIDAYNITEFLIX.COM)**



## ANNUAL ALUMNI BBQ SUNDAY July 24, 2016

(The day after Visiting Day)

11:00am - 3:00pm

RSVP by July 15

We will be opening time capsules from Dorm & Club 2006 and any earlier years not yet opened.

*Visiting Alumni restricted to those age 21 or older.*

*Those who are able to contribute to Olympics with Judgie and referee credentials are invited to inquire about availability.*



## Parents Five-Year-Club



Welcome to the "Parents Five-Year-Club"! Pick up your special gift for parents of current campers at Camp Towanda five years or more on Visiting Day... Congratulations!



# WE WELCOME BACK OUR RETURNING STAFF:



**2nd YEAR NOTEBOOK:** Angelo Bellerice, Dave Bloomfield, Hilton Chao, Matt Cleaver, Grace Conde, Randi Coughlin, Ross Cowie, Sydney Figard, Owen France, Heather Gilmore, Belen Hau Cordero, Jordan Henson, Pawel Kaletka, Jack Kelly, Jan Kurylo, Megan Lantrip, Erica Leonditsi, Karen Lupjak, Meghan MacKinnon, Keifer McCallum, Annabel Mears, Danielle Morrow, Brian Notarangelo, Tom Orton, Dr. Marinelle Quim, Ryan Raffa, Bill Reifler, Shaun Rigby, Willie Romero, Julie Rosenthal, Tom Ryan-Smith, Viktor Sarkozi, Sterling Scott, Viktor Szasz, Dale Tonkin, Yoni Van't Zand, Cat Wakelam

**3rd YEAR MUG:** Tamas Bundy, Anna Cieslewicz, Kelsey Clarke, Ashleigh Colella, Deborah Daniels, James Duckworth, Dani Gil Serrano, Josh Ginther, Ramon Hidalgo Garcia, Barrie Huberman, Bartlomiej Jankowski, Skyler Kern, Izzy Nalls, Coach Lee & Charlene Nikolaidis, Lubin O'Neil, Renee Rogers, DJ Rutherford, Karyn Schutzer, Alaya Scott, Amberly Vazquez, Glynn Wood, Aleksandra Wysocka

**4th YEAR ROLLER BAG:** Jason Charney, Shari Crone, Hope Cuddeback, Elie Emile, Glen Hansen, Martina Janosikova, Antonin Kremlacek, Mara Maklan, Dr Mark Merlin, Hayley Pilcher, Tanya Rhysold (Deutsch), Lucie Zeinerova

**5 YEAR CLUB:** Linda Anderson, Yaz Bates, Vendy Cernovicka, Jennifer Damasco, Memo Esteva, Howie & Terry Schrager

**6 YEAR CLOCK:** Sharon Arbuco, Stephen Elwell, Lee Gielen, Karla Horst, Kyle Maynes, Timmy Notarangelo, Jonathan Penner

**7 YEAR ROOT BEER STEIN:** Bailey Abramowitz, Michael MTP Notarangelo, Tomas Rais, Alejandra Rodriguez

**8 YEARS:** Garrett Jochneau

**9 YEAR FLASHLIGHT:** Daron Jones, Francine Klarsfeld, David Nichols, Brenda Schweighofer

**10 YEAR CLUB:** Reed Blee, Jerry Friedman, Logan Kornfeld, Erica Media Gulliver, Greg Schwartz

**11 YEAR WHITE ROCK:** Alissa Gruber, Carly Lapidus, Jake SR Levy, Henry Brother Bear Russnow; **12 YEAR BEACH TOWEL:** Nicki Gold, Lindsay Ilgner; **13 "MAZEL TOV" YEARS:** Chandler Bolog, Tyler Bolog, Lauren Eckstein Forman, Jayde Grossman; **15 YEAR JACKET:** Brian Klasner **16 YEARS:** Lauren Cohen; **17 YEARS:** Robert Edwards, Lisa Pelton; **19 YEARS:** Chef Jonesy; **20 YEARS:** Kevin Deutsch, THE Z MAN; **22 YEARS:** Amy Miller, Brandon Reiter; **24 YEARS:** Michael Pelton, Matt Miller; **27 YEARS:** Mitch, Stephanie & Jared Reiter; **34 YEARS:** Michael "Spiz" Spiesman; **46 YEARS:** Bob Miller

All of the above once started, brand new; but it never takes long to be part of the Camp Towanda family, in fact, you are only new until the next guy shows up (and that does not take very long)!



# WE WELCOME OUR FIRST YEAR STAFF:



**ARIZONA:** Gordo Dean, Jen Harrison-Hauer; **CALIFORNIA:** Savina Giron, Mike Hall; **COLORADO:** Samantha Westwood; **CONNECTICUT:** **FLORIDA:** Saskya Cabral, Tony Delmonego, Michael Feliz, Jazz Gomez, Braxton Hobbs, Danny Keller, Jordanne Lamothe, Judy Rubin, Andrew Slamowitz; **GEORGIA:** Summer Allen, Kevin Clark, Micah Masters; **ILLINOIS:** Michal Ashkenazi, Jenaya Crawford, Sierra Farley, Frianna Getzloff, Jared Gleason, Aaron Peach; **INDIANA:** Becca Gin, Aarika Mankey, Tiffany Verdon; **KANSAS:** Alecia Crowley, Robby Raio, AShtyn Stephens; **KENTUCKY:** Sarah Blakeman; **MASSACHUSETTS:** Terry Cao; **MARYLAND:** Mia Citrin, Katie Stuempfle; **MICHIGAN:** Jaclyn Kamps, Brandon Rincon, Taylor Walk, **MISSOURI:** Kyleigh Milford; **NORTH CAROLINA:** Kelsey Bumgarner, Isaac Dockery, Morgan Frye; **NEW ENGLAND:** Morgan Thompson; **NEW JERSEY:** Rey Cavalcante, Dr Matthew Harris, Meg Kocher, Travis Krup, Dr. Vivian Levy, Marissa Mannikus, Andy Saperstein; **NEVADA:** Cedar De Marchis **NEW YORK:** Dr. Kristen Brumleve, Joel Brundage, Pat Carleton, Dr. Larissa Dudley, Deborah Hamberg, Lee Henderson, Steven Howard, Kyle Johnson, Irene Klemens, Rob Lewis, Shai'Quan Nicholson, Melissa Pomerantz, Steve Restivo; **OHIO:** Steve Baker, June Frost, Becca Natowicz, Harvest Radich, Tiffany Ricketts, TJ Ross, Abigail Wihl; **PENNSYLVANIA:** Serena Buday, Janay Butts, Tyler Dodt, Sam Figard, Kelsey Garrison, James House, Kai Miller, Brittany Neff, Caleb Peters, Daniel Preston, Aaron Preston, Eric Roberts, Darlene Ruiz, Dacia Scott, Krishan Thadani, Brett Toth, Kevin Uncapher, Madison VanDuren, Sarah Zodrow; **SOUTH CAROLINA:** Raven Garrity; **TENNESSEE:** Janice Buchanan Jackie Chessman; **TEXAS:** Doris Linton, Rebecca Richards; **VIRGINIA:** Brenna Dunning, Cienna Gabriele, Sydney Hawkins, Lily Sanusi, Autumn Taylor, Aubrey Winum; **WASHINGTON:** Riley Vanderveen; **WISCONSIN:** Austin Estrada, Tyler Fischer

**AUSTRALIA:** Steven Braun, Ash Hicks, Charlotte Kealey, Courtney Price **CANADA:** Alyson Taylor **CZECH REPUBLIC:** Aneta Chytilova, Premek Hnilica, Marketa Jezkova, Lenka Juranova, Michal Matl, Karolina Menouskova, Martin Uberall, Jana Valachova, Katerina Valsova **FRANCE:** Siana Ziemba **HUNGARY:** Agnes Csirke-Megyesi, Anna Csutoras, Norbet Zoltan Egri, Viktor Holl, Mark Horvath, Aletta Kamuti, Renato Kulman, Zsolt Lukacs, Alekszandra Nagy, Konrad Nagy, Peter Prezenszki, Zsafia Puskas, Xenia Radak **IRELAND:** Catherine Butler, Rebecca Elliott, John Harkin, Colin Murphy, Sally Regan, Kelly Ryan, Colm Sreenan, Hannah Trayno Boyle **ITALY:** Susanna Marlier **MEXICO:** Jorge Castro Ramirez, Adriana Sorcia Castaneda **NEW ZEALAND:** Nicole Manchester, Kate Mulligan, Krystal Sardelich-McNutt, **POLAND:** Anna Dziubata, Tomasz Hutek, Filip Janiczak, Agnieszka Janiszewska, Katarzyna Janiszewska, Anna Klisz, Patryk Kowol, Wojciech Marszal, Tomasz Stasik **SPAIN:** David Carragal Garya, Martin Disla Lorente, Marta Ferrer, Fernando Justo Ibanez, Roberto Mavarro Martin, Fredy Rubio, Maria Sandemetrio **UNITED KINGDOM:** Lee Ashby Matthew Atkinson, Jon Bate, Jakob Borges, James Bosnjak, Scott Carpenter, Matthew Carr, Silver Chege, Larry De Sousa, Alison Duncan, Freddie Firth, Abbie Gomersall, Alex Harden, James Haslam, Thomas Heeley, Kyle Hesketh, Ellie Higgins, Ruth Holt, Ellesse Houghton, Rebecca Howie, Sammy Johnson, Cara Keegna, Jacob Kench, Joanna Kennedy, Ross Lloyd, Frances MacDonald, John McCutcheon, Ruth Menzies, Megan Price, Charlotte Skiba, Sunny Smither, Grace Stafford, Jenna Taylor, Anete Tisanova, Jaydon Treasure-Miller, Molly Uren, Connor Vernon, Chloe Louise Whitlow, Ollie Wilkes, Hannah Wilkins, Mark Wilson, Jack Wright

# WE CAN'T WAIT TILL EVERYONE SHOWS UP!





Stephanie Reiter, Owner & Director

# MEET OUR SENIOR STAFF!



Mitch Reiter, Owner & Director



Bob Miller, Boys HC



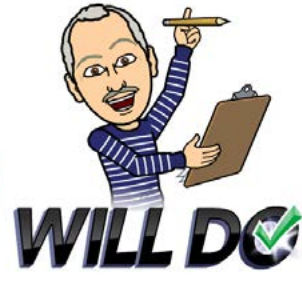
Michael Pelton, Boys AHC



Amy Miller, Girls HC



Lisa Pelton, Girls AHC



Z, The Man



Jonesy



Mike "The Plumber" Notarangelo



Matt Miller



Jonathan Penner



Jared Reiter



Lauren Cohen



Howie Schragar



Drama Charlene



Lauren Eckstein Forman



Coach Lee



Waterfront Mara



Andy Saperstein



Mia Citrin



Jason Charney



Shari Crone



Linda A&C Anderson



Melissa Pomerantz



Kevin Deutsch



Ryan Raffa



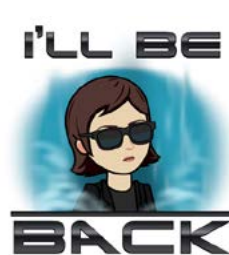
Brian "Klaz" Klasner



Karyn Schutzer



Barrie Huberman



Terry Schragar



Randi Coughlin



# "WE WELCOME YOU TO CAMP TOWANDA, WE ARE MIGHTY GLAD YOU'RE HERE..."

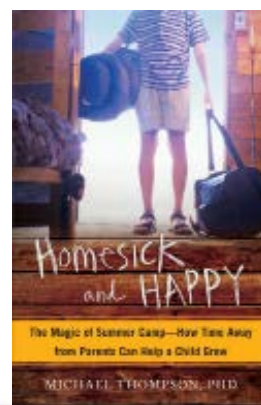
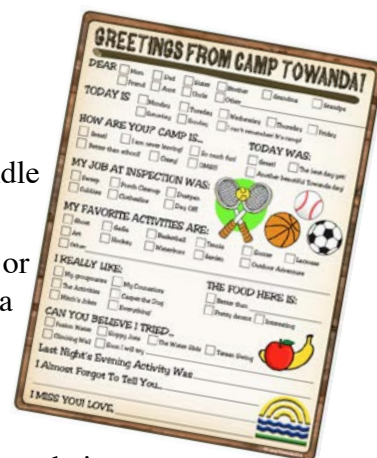


*With Camp just around the corner, we are glad to welcome the following new campers since the last issue of the Towanda Times!*

Natalia Pilar (NP) Andrade de Orbe, Guillermo (BAZ) Bazan, Carmen Conde (CC) Ibanez, Andrea (A-GEE) Fresneda Gracia, Shea (HEY) Gang, Pedro (DRO) Herrera (GAR) Garcia, Javier (HAVY) Matoses (MATSO) Bertomeu, Tyler (MELTS) Meltzer, Christian (SEE-Q) Quintana, Laura (L-ROD) Rodriguez Lirola, Tristin (TRI) Rogers, Ines (INNY) Vallecillo Garcia, Oleskii (A2U) Vilchynskiy

## TOWANDA TIPS 4 PARENTS

- Don't forget to download and print our super-cool *Camp Towanda Check Box Stationery* (there are 2 versions) before camp. Exclusively in your CampMinder docs. Easy, eco-friendly and fun!
- Did you know you can save all the Towanda Times directly to your iBook or Kindle library on your phone?
- Did you read Homesick & Happy? You can also listen to our Book Club podcast or read Cliff's Notes by Stephanie Reiter - available in CampMinder. We also have a great blog with 10 things you and your child can do to prepare for Homesickness (and Childsickness). Check out this blog and other related articles in our Parenting Center: <http://camptowanda.com/blog/category/parenting-center/>
- Are you following us on social media? Facebook, Instagram, Twitter? We will be updating these all summer!
- Do you have the *Camp Towanda Official App*? This app has everything camp at your fingertips! Live Camp Cam, Campminder photos, The Blog, and more! (available for Apple devices only in the iTunes store)?
- Download the *Camp Towanda iCal Calendar* subscription off of the App. An informative and entertaining set reminders and activities!

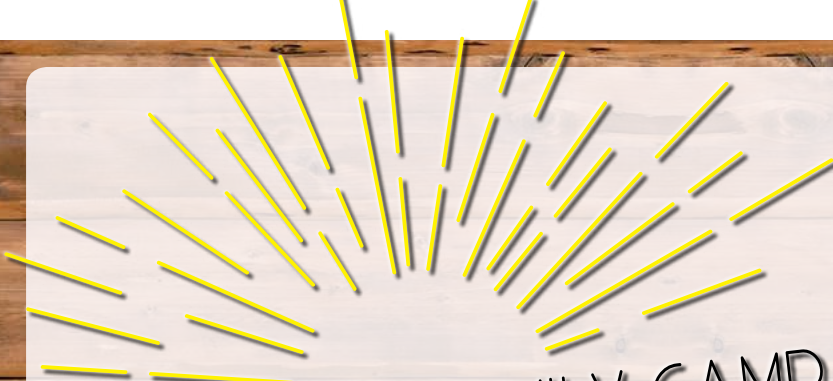


## #TOWANDAMEETUP

Summer is the perfect time to reconnect with your camp crew! Send us your #towandameetups and come to the Alumni BBQ!

Check out this recent Alumni #towandameetup in New York City!





# LABOR DAY FAMILY CAMP

2016

September 2-5, 2016

BRING FAMILY & FRIENDS OR COME ALONE!  
THE BEST WAY TO END YOUR SUMMER!



## No Worries! No Hassle! Just Camp!

Build your bunk & save!

Camp-style living, classic camp activities, special events for the whole family!  
Plus options for grownups include:

- Extensive Salad and Smoothie Bar
- Bootcamp Fitness, Yoga and Painting Classes
- Guided Nature Hikes
- Treehouse Happy Hour!
- Healthy Cooking Classes
- Massages
- Tennis Bootcamp and Lessons
- Beer & Wine Tasting
- Mitch's Surf & Turf Lobster Bake
- Babysitting available!

[Click Here for More Info & to Reserve Your Space Now!](#)

**CLIP & SAVE**

## 2016 CAMP DATES

**Flying Campers Arrival**

**First Day of Camp**

**S'More Tours**

**Visiting Day & Sibling Sleepover**

**Alumni BBQ**

**Last Day of Camp**

**Family & Friends Labor Day Weekend**

**Fall Foliage BBQ**

**June 24, 2016**

**June 25, 2016**

**July 9, 16 & 31, 2016**

**July 23, 2016**

**July 24, 2016**

**August 12, 2016**

**September 2-5, 2016**

**September 24, 2016**

